



GLYB Swim Team

Communications Policy

Email

The best way to contact the coaches is by email. Our email address is <barracuda@lowellymca.org>. Most information will be sent out via email. Parents and athletes must use the team email to contact the coaches.

Team Mailboxes

The team mailboxes will be used to distribute forms and ribbons. Athletes should be checking their mailboxes at the end of every practice. Please be sure to read all of the forms, as many will have a due date.

Website

Most of our information is posted on our team website, <www.teamunify.com/ymca-2777> The website is updated often, but if you cannot find the information please send us an email.

Parent Phone Calls and Text Messages

Our office number is 978-454-7825 ext. 830. Please use this number for all questions, with the exception of away swim meets.

On the day of an away meet, parents may call or text Coach Christina on her cell phone at 603-560-6649. This number should only be used for information such as late arrivals, scratches, or any other questions about the meet that day.

Athlete Phone Calls and Text Messages

Phone calls and texting between athletes and coaches is not permitted for swimmers under the age of 14. High school swimmers are permitted, provided their parents/guardians give permission. Parents/guardians are permitted to read any communication between athletes and coaches at any time.

If an athlete is an employee of the Greater Lowell YMCA, they may text the coaches only about work-related topics. All text messages between athletes and coaches should be done between 9 am and 8 pm. Parents and legal guardians are permitted to read any communication between athletes and coaches at any time.

Social Media

Parents and athletes will not use derogatory language, including sexist, racist, homophobic, obscene, or profane material of any kind. They will not use social media to degrade, demean, or attack any person, team, or organization. Athletes will not use social media to contact their coaches and will instead post appropriate material to the club's profile.